Your twin did not smoke the cigarette. She never smoked. Her lungs are healthy.

Your twin had one drink. She drinks occasionally in modest quantities. Her liver is healthy.

Your twin decided to eat healthily, and only treat herself to high-fat food on special occasions.

Your twin has a healthy, balanced lifestyle, with minimal stress.

Your twin decides to go to a pensioner’s keep fit class; she maintains healthy bones.

Your twin took the cigarette. She smoked heavily for many years and developed a lung disease called emphysema.

Your twin got drunk. She became a heavy drinker for many years and developed a liver disease called cirrhosis.

Your twin regularly chose high-fat foods; cholesterol built up in her arteries.

Your twin’s new job is very stressful, and she is generally quite stressed most of the time.

Your twin stops exercising and develops a bone disease called osteoporosis.
<table>
<thead>
<tr>
<th>Q1</th>
<th>Q2</th>
<th>Q3</th>
<th>Q4</th>
<th>Q5</th>
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<td>HIGH</td>
<td>HIGH</td>
<td>LOW</td>
<td>LOW</td>
</tr>
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**Epigenetics Dice Roll Choices**