

# REFLECTIVE STATEMENT

## Structuring your answer - content to consider



The table below provides examples to consider. Each question has a maximum word count of anything between 130 - 150 words, and the cumulative word count for all 8 questions must be a minimum of 800.

Question within reflective statement	Aspects to consider when forming your answer
1. What is the most valuable thing you learned through your apprenticeship?	<ul style="list-style-type: none"> <li>• Theoretical content - understanding principles, techniques, methods</li> <li>• Practical work implementation</li> <li>• Experience from off and on-the-job learning</li> <li>• Attendance to masterclasses, workshops, lectures, and online learning activities</li> <li>• Which of the learning activities most <u>resonated</u></li> </ul>
2. What was the most valuable thing that you learned from shadowing more experienced staff or from your workplace mentor?	<ul style="list-style-type: none"> <li>• Did you have allocated mentors who supported your development?</li> <li>• Were there any particularly useful shadowing experiences?</li> <li>• Were you able to shadow experienced staff across the business operations?</li> </ul>
3. What aspect of the apprenticeship did you find the most challenging?	<ul style="list-style-type: none"> <li>• Challenges of balancing work, life and study</li> <li>• Having to adapt learning (more online)</li> <li>• Understanding complex concepts, principles and/or techniques</li> <li>• Preparing for end point assessment</li> </ul>
4. What was the impact of the most valuable thing you learned through your apprenticeship? Expand from question 1.	<ul style="list-style-type: none"> <li>• Increase in working confidence</li> <li>• Improving efficiency</li> <li>• Developing the application of knowledge</li> <li>• Connecting theory to real world practice</li> </ul>
5. What was the impact of the most valuable thing you learned through shadowing or working with your workplace mentor? Expand from question 2.	<ul style="list-style-type: none"> <li>• Helped to benchmark industry standard performance</li> <li>• Provided a new perspective, view and challenged existing approaches to work</li> <li>• Helped to contextualise theory into practice</li> </ul>
6. What 'good' emerged in terms of learning, from those challenges you faced during the apprenticeship? Expand from question 3.	<ul style="list-style-type: none"> <li>• Built resilience</li> <li>• Increased confidence</li> <li>• Developed independent learning skills</li> <li>• Developed digital learning skills.</li> </ul>
7. How do you feel the apprenticeship will benefit you in your career going forward?	<ul style="list-style-type: none"> <li>• Reflective practice skills</li> <li>• Use of technology in work</li> <li>• Independent learning skills</li> <li>• Creation of and developing a personal learning network.</li> </ul>
8. What would you consider as your main area(s) for further development and why?	<ul style="list-style-type: none"> <li>• Progression onto formal learning (another apprenticeship or other programme)</li> <li>• Access to informal learning opportunities</li> <li>• Annual reviews &amp; personal development plans</li> <li>• Internal and external training</li> </ul>